

The Practical Guide to GP VTS Training

Dane Vishnubala

Training Overview

Trust
Liaison Hospital
Learn to GP (3 different practices)
100% GP/Pharm
Cater to GPs

Educational Supervisor
Clinical Supervisor
VTS Teaching Days
GP: 1 PDP session, 1
Supervisor Simulation, 12
day VTS

Assessments

Per rotation

3 hospital, 6 GP
CBD
COTs

Skills Log

MSF-
PSQ- 40! (St2 and 3)
DOPs/CEPs

AKT - Pass Medicine, Patient
CSA-
Video Surgeries
Practice Simulations
Study Group
Delivery Course

The Portfolio

Reflections
PDP

END OF POST
Clinical Supervisor Report
Educational Supervisor Report
Supervisor Endorsement
End of rotation assessment (logbook)
MSF - Submission to local authority

Reflect

6 OOH per post

OOH

Weekends/Evenings/Night

Malton
Selby
York
Scarborough

TRAINING TIME LINES

- Complete assessments early
- Reflect as you go along
- BLS- Aim 2nd/3rd year
- Safeguarding
- OOH 1/month
- AKT ST2 onwards (3 sittings/yr)
- CSA ST3 onwards (every month)

Post Training

SEM
Salaried
Education
minor surgery
Part time
sexual health
Portfolio

Palliative care
Partner
GPsi
Further Training
TRAINER

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Per rotation

3 hospital, 6 GP
CBD
COTs

Skills Log

MSF-
PSQ- 40! (St2 and 3)
DOPs/CEPs

AKT - Pass Medicine, Pastest
CSA-
Video Scenarios
Practice - 10minutes
Study Group
Debrief Course

Reflect

Malton

6 OOH per post

Selby

OOH

Weekends/Evenings/Night

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TRAINING TIME LINES

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Post Training

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Training Overview

3 years
20 weeks (1 hospital
10 GP) or 12 (10 GP
2 x 600 or 1200)
Open for OOPC

Educational Supervisor
Clinical Supervisor
VTS Teaching Days
100- 1 HRP session, 1
Supervisor Session/week, 1/2
day VTS

Reflections



PDP



The Portfolio



3 years
18 months hospital
18 months GP (3 different practices)
6 x OOH per GP Post
Option for OOPE

Educational Supervisor
Clinical Supervisor
VTS Teaching Days

GP- 1 PDP session, 1
Supervisor Session/week, 1/2
day VTS

Training Overview



3 years

18 months hospital

18 months GP (3 different practices)

6 x OOH per GP Post

Option for OOPE

Educational Supervisor
Clinical Supervisor
VTS Teaching Days

GP- 1 PDP session, 1
Supervisor Session/week, 1/2
day VTS

Reflections

Adult learning -Reflective

Reflect:

Explain events,
Explain what you learned
Explain how you felt
Explain if and how you might change your practice.

2-3 Reflections a week!

Tips

Use a journal
Use a notebook
Use a computer
Use a mobile device

PDP

Set a PDP plan- Every job.
Add others as required.

Aim for 2-3 PDPs at least a job.

Complete them!

The Portfolio



END OF POST

Clinical Supervisor Report

Educational Supervisor Report (End of the year)

Self Reflection and scoring.

Check all areas of assessment completed.

Outcome - Satisfactory or Unsatisfactory.

Reflections

Adult learning -Reflective

Reflect:

Explain events,

Explain what you learned

Explain how you felt

Explain if and how you might change your practice.

2-3 Reflections a week!

Tips

Write regularly

Put aside 1-2 hours a week.

Reflect on all teaching sessions

Reflect on all OOH

Busy? Bullet point and come back to it!

Complete an End of job reflection

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Put aside 1-2 hours a week.

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Royal College of
General Practitioners
Portfolio

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CSA-

Video Surgeries

Practice 10minutes

Study Group

Deanery Course

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Reflect

Malton

6 OOH per post

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Getting the most out of training

PDP Time- Portfolio/Clinics
Find something you like and get experience.
CCG Experience
Teaching Experience (HYMS)
LMC- There is a Trainee Rep Position.
Practice Business Meetings.
Network where possible!
Other exams/Quals? DRCOG DCH PGCMC MSc etc

ive care

Partner

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GPSi

urther Training

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Goodluck

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